

Quincy/Weymouth  
Prevention & Wellness Trust Fund

**“OPPORTUNITY QUINCY”**  
**Focus on the Next Five Years**  
**2015 – 2020**

December 9, 2014

# Who We Are: Quincy/Weymouth Prevention & Wellness Trust Partnership



Coordinating  
Partner



Quincy Medical Center



South Shore Hospital



# Prevention & Wellness Trust Fund Quincy/Weymouth Governors

## Representing...

Bay State Community Services, Alejandro Rivera

City of Quincy, Andrew Scheele

Manet Community Health Center, Cynthia Sierra

Quincy Medical Center, Sandra McGunigle

South Shore Elder Services, Christine Mahoney

South Shore Hospital, Alan MacDonald

South Shore YMCA, Karen Peterson

South Shore WIB, Joyce Livramento-Young,

Town of Weymouth, Val Sullivan



# MA Department of Public Health

## Prevention & Wellness Trust Fund GOALS

Acts of 2012, Chapter 224: An act improving quality of health and reducing costs through increased transparency, efficiency and innovation.

Provide \$42M funding to nine Massachusetts clinical-community partnerships to support evidence-based interventions that:

- Reduce healthcare costs; Decrease preventable risk factors
- Primary care model focused on Clinical ↔ Community Care Coordination for preventive health.
- Reduce the prevalence of preventable health conditions
- Improve the management of existing chronic disease.

Measure effectiveness. Evaluate extent to which PWTF :

- impacted prevalence of preventable health conditions
- reduced healthcare costs or growth in cost trends
- “who” benefited from healthcare cost reductions.

Supports work Q&W are already doing, reinforces our strengths as a community and helps our Partners engage clients holistically.

# PREVENTION & WELLNESS TRUST FUND COORDINATING ORGANIZATIONS & PARTNERS STATEWIDE

- Barnstable County Dept. of Human Services
- Berkshire Medical Center
- Boston Public Health Commission
- City of Lynn
- City of New Bedford Health Department
- City of Worcester
- Holyoke Health Center
- Town of Hudson
- **Manet Community Health Center**



# Quincy & Weymouth Prevention & Wellness Trust Fund GOALS

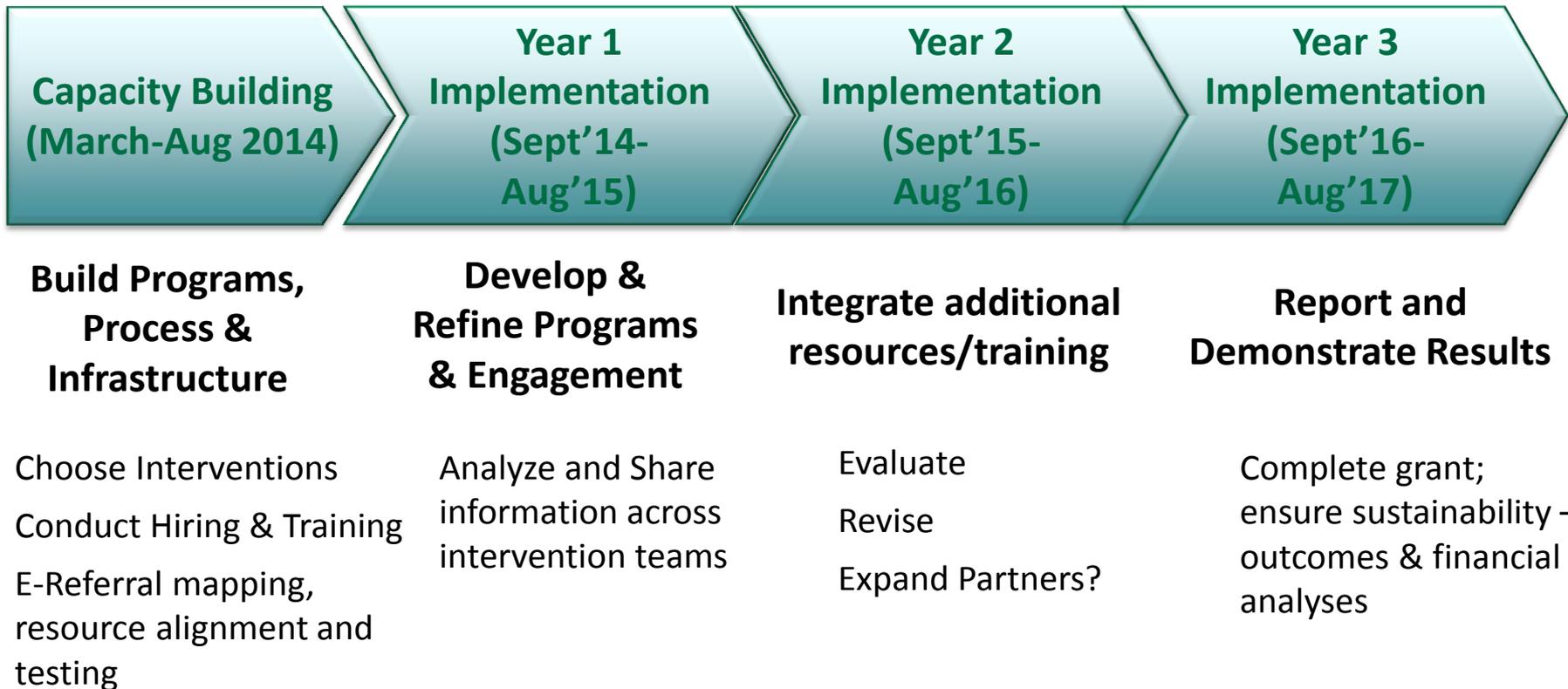
**MISSION:** Together, and on behalf of the communities of Quincy and Weymouth, Massachusetts, the Quincy and Weymouth P WTF Partnership will reach for and achieve measurable population health goals through the utilization and tracking of evidence-based interventions that address the priority and optional areas of hypertension, falls prevention among older adults, tobacco, and substance abuse.

**VISION:** Quincy and Weymouth will be measurably healthier communities by 2018.

## **SHARED VALUES:**

- i. Every resident of Quincy and Weymouth should have unfettered access to health, wellness and social services information and services.
- ii. Clinical, Community and Municipal partners can reliably and broadly impact population health *only by* joining together.
- iii. To demonstrate success and challenges, we will embrace the notion and attach the precepts of continuous quality improvement to our work.
- iv. Mindful of the social determinants of health, we will work tirelessly to ensure health parity in all we do.

# Quincy & Weymouth Prevention & Wellness Trust Fund Grant Timeline



# Priority Conditions/Health Risks Quincy & Weymouth Communities

4 Target  
Conditions



1

Hypertension

2

Tobacco Cessation

3

Falls (among Elderly)

4

Substance Abuse

# Assignments: Hypertension

## Interventions:

Enhanced Screening & Referral

Quality Improvement

Stanford Chronic Disease Self-Mgmt Programs

## Partners

### Clinical

1. QMC
2. SSH
3. MCHC

### Municipal

1. City of Quincy
2. Town of Weymouth

### Community

1. South Shore YMCA
2. South Shore WIB

**Referral Process:** Screening and risk identification, referral triggers, program locations, referrals by risk type, outreach protocols?

# Hypertension

<b>Chronic Disease Self Management Program - CDSMP</b>	Jennifer Turpel	Colonial Village - 6 wk program	1/8/2015 - 2/12/2015	
MCHC Staff	Judy Lyden	Tobin Towers/Council on Aging - 6 wk program	2/1/2015 (TBD)	
	Jackie Newman			
	Rose Niles			
	Darling Batiz			
SSH Staff	TBD	Whipple Center (Weymouth) - 6 wk program		
YMCA Staff	Karen Peterson Katelyn Szafir	SSYMCA (Quincy) - 6 wk program	1/15/2015 - 2/19/2015	3:30p-6:00p
<b>Community BP Screenings</b>				
Quincy Health Dept	Rose Jones	Community Settings (TBD)	On-going	

# Assignments: Tobacco

## Interventions:

Screening, Clinical  
Decision Support,  
Referral

Nicotine  
Replacement  
Therapy

Tobacco  
Cessation  
Counseling

Smoke Free Living  
Environments

## Partners

### Clinical

1. QMC
2. SSH
3. MCHC

### Municipal

1. City of Quincy

### Community

1. South Shore YMCA
2. Bay State Community Services
3. South Shore WIB

**Referral Process:** Screening and risk identification, referral triggers, program locations, referrals by risk type, outreach protocols?

# Tobacco

<b>Tobacco Cessation Counseling</b>	Jennifer Turpel		On-going	
	Individual Sessions	Wellness Counselor template available in Athena (all Manet sites)		
	Group Sessions	North Quincy MCHC (2nd Floor Space) - 6 wk program	1/14/2015 - 2/18/2015	3:30p- 4:30p

# Assignments: Falls Prevention

## Interventions:

Comprehensive  
CLINICAL Multi-  
factorial Fall Risk  
Assessment

“Matter of Balance”  
Training (group &  
individual)

Home Safety  
Assessment &  
Modification

Nutrition: Meals on  
Wheels

## Partners

### Clinical

1. QMC
2. SSH
3. MCHC

### Municipal

1. City of Quincy
2. Town of Weymouth

### Community

1. South Shore Elder Services
2. South Shore YMCA

**Referral Process:** Screening and risk identification, referral triggers, program locations, referrals by risk type, outreach protocols?

# Falls Prevention

Matter of Balance				
YMCA Staff	(Training taking place 12/12/2014)	SSYMCA (Quincy) - 8 wk program	1/1/2015 (TBD)	
		Whipple Center (Weymouth) - 8 wk program	2/1/2015 (TBD)	
		1,000 Southern Artery (Quincy) - 8 wk program	3/1/2015 (TBD)	
South Shore Elder Services Staff	Christine Mahoney Falls Coordinator - TBD	By appointment via E-Referral Available in Athena	On-going	

# Assignments: Substance Abuse

## Interventions:

### SBIRT:

Screening, Brief Intervention & Referral to Treatment in Clinical Settings and community

## Partners

### Clinical

1. QMC
2. SSH
3. MCHC

### Municipal

1. City of Quincy
2. Town of Weymouth

### Community

1. Bay State Community Services

**Referral Process:** Screening and risk identification, referral triggers, program locations, referrals by risk type, outreach protocols?

# Substance Abuse

Substance Abuse/SBIRT				
Manet Staff	Training Scheduled in January 2015	MCHC	On-going	
Bay State Staff	TBD	BSCS	On-going	

# e-Referral

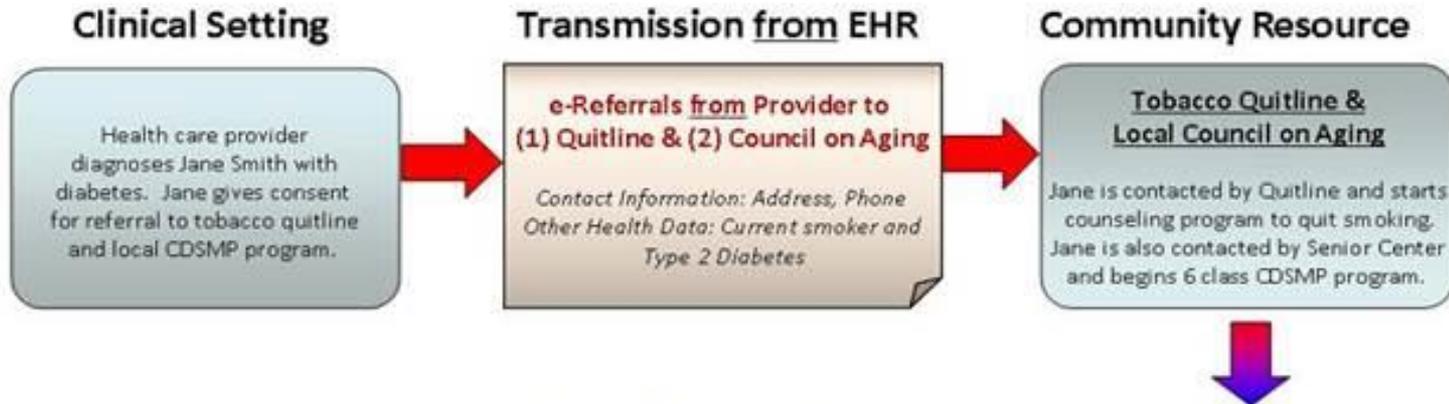
- The concept of creating a bi-directional electronic referral is not new with this grant:
- In 2008, Frieden and Mostashari listed twelve key features that would be necessary for a system of electronic health records to function as effectively as possible.\* Of the 12 features, only “Linking EMRs to Community Resources” has had no forward movement.
- In 2010, MA DPH and NH DOH sponsored a project to create electronic referrals to the Tobacco Quitline using a proprietary software, [www.health-e-link.net](http://www.health-e-link.net)
- For this project, the wide array of community resources underscores the importance of a flexible translator model for communication

# e-Referral continued

- **Create**
- e-Referral requires a bi-directional electronic as well as organizational conversation to initiate community-clinical linkages
- **Evaluate**
- e-Referral system can provide baseline reports on # of referrals, # of services received, # of pounds lost
- When integrated with the EHR, health systems can evaluate the impact of these community programs on population health
- **Sustain**
- Once installed, the e-Referral system can be modified to add additional types of community resources
- Using the e-Referral software and EHRs, community-based organizations can make the case for clinically meaningful and cost-effective programming

# e-Referral continued

## Outbound Transaction



## Inbound Transaction



# STAY TUNED

For more information please contact:

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Jennifer Turpel @

[jturpel@manetchc.org](mailto:jturpel@manetchc.org) or 617-690-6357

Or reach out to a PWTF Governor near you!

\*\*Stay turned for our first annual meeting of partners  
coming in early 2015\*\*

